



# DANCE TO THE MUSIC – VIRTUAL EDITION

It's time to practice your dance skills & keep your team moving!

In this 20-45-minute dance off **wellness** activity, participants will enjoy non-stop fun and movement all while staying **engaged** and connected!

Utilizing breakout rooms, participants are divided into Teams of 5-6 where TeamUnity will share a fun and creative step-by-step dance routine from our talented choreographer and Teaching Artist. Teams will have 10-minutes to **collaborate** their performance technique, team name & costume/props design, all while building **trust** (individuals may get creative and use items they have at home).

Participants then report back to the main session, where each team will have an opportunity to be in the **virtual spotlight** & show off their dance skills! Following all performances, your team will be judged based on Most Ambitious, Most Colorful & Best Choreographed. What a great way to gather your team virtually, promote **healthy competition** & enjoy some great laughs together!

**Interested in learning or creating your own a Tik Tok dance? We've got your covered!**

**All dance routines are Corporate friendly!**



[CLICK HERE TO WATCH  
OUR DANCE TO THE MUSIC DEMO](#)



**A MIX OF ENGAGEMENT & EXCITEMENT**

**AUDIENCE PARTICIPATION**

**ENERGIZE YOUR REMOTE TEAM**

**MEMORABLE & ENJOYABLE**

**CALL  
FOR PRICING**

**INCLUDES:**

- 1 Professional Choreographer
- 20-45 Minutes

**DOES NOT INCLUDE:**

- Video conferencing platform (Zoom, Teams, Google Hangouts, Twitch, etc)
- 3.5% processing fee if credit card is used for payment
- Prizes